



LUNCH MENU

Monday - Saturday
12.30pm - 3pm

HARBOUR FULL BREAKFAST €10.50

(2) Sausage / (2) Bacon / (2) Fried Egg / Beans / Hash Brown / Potato Bread / Black Pudding / Mushrooms / Tomato / Toast

WH1,EG,SY,MK,MD,SP

SMALL BREAKFAST €8.00

(2) Sausage / (1) Bacon / (1) Fried Egg / Tomato / Beans / Toast

WH1,EG,SY,MK,MD,SP

GLUTEN FREE BREAKFAST €8.50

(2) Bacon / (2) Fried Egg / Tomato / Beans / Mushroom / Hash Brown / Toast

EG,SY,MK,MD,SP

SALT N CHILLI CHICKEN WRAP €9.00

Curried Mayo / Lettuce / Peppers / Onions

WH1,EG,SY,MK,CY,MD,SP

CRISPY CHICKEN CAESAR WRAP €9.00

Bacon / Lettuce / Parmesan / Caesar Dressing

WH1,EG,MK,CY,MD,SP

HARBOUR CLUB SANDWICH €9.00

Chicken / Bacon / Lettuce / Tomato / Cheese / Harbour Sauce

WH1,MK,CY,SP

OPEN PRAWN SANDWICH €9.00

Marie Rose Sauce / Mixed Leaves / Served on Wheaten Bread

WH2,CS,EG,MD,SP

CHICKEN & BACON CIABATTA €9.50

Cheese / BBQ Sauce / Tobacco Onions

WH1,MK,MD,SP

SANDWICHES €6.00

Choice of 2 Fillings:

Ham, Chicken, Bacon, Tomato, Onion, Red Onion, Sweetcorn, Lettuce, Cheese, Egg, Tuna, Coleslaw

Add an Extra Filling for €0.50

ROAST OF THE DAY €17.95

Creamed Potatoes / Seasonal Veg / Roast Gravy / Yorkshire Pudding

WH1,EG,SY,MK,CY,MD,SP

CHILLI BEEF LOADED FRIES €9.00

Cheese / Taco Sauce

EG,MK,SP

BEETROOT, HUMMUS & CRISPY CHICKPEA TOASTED CIABATTA €9.00

Spinach / Pesto

WH1,TN

PN: Peanuts **EG:** Eggs **MS:** Molluscs **TN:** Tree Nuts **MK:** Milk **CY:** Celery **SE:** Sesame **SY:** Soya **MD:** Mustard
FH: Fish **SP:** Sulphites **CS:** Crustaceans
WH: Wheat **WH1:** Wheat Flour **WH2:** Semolina **WH3:** Wholemeal **WH4:** Wheat Bran **WH5:** Rye
LP: Lupin **LP1:** Barley **LP2:** Oats